

Date: 10/06/2026

UEA/AY/26-27/03B

For Grades 3 to 9

Dear Parents,

Kindly note,

We are pleased to inform you that our school has scheduled ***A Blank Canvas Competition organised by The Grind Junior*** for students of ***Grades 3 to 9*** on ***01/07/2026 (Wednesday)***.

The objective of this competition is to encourage critical and creative thinking and enhancing reading & writing skills.

The competition is mandatory for all the students.

The competition will be conducted in two rounds as per the schedule below:

Round 1: Screening Round (Mandatory for all)

Venue: Unnati English Academy

Day & Date: Wednesday, 01/07/2026

Duration: 1 hour

Students will be given the blank canvas to fill up as instructed.

(E.g.: Colouring / story writing / advertisement making as per the given prompts)

Round 2: Final Round (Only for shortlisted students)

Venue: Tapti Valley International School, Dandi Road, Jahangirabad.

Day & Date: Monday, 03/08/2026 & Tuesday, 04/08/2026 Respectively.

Duration: 1 hour

Students will be given the blank canvas to fill up as instructed.

(E.g.: Colouring / story writing / advertisement making as per the given prompts)

The competition will be conducted grade-wise to ensure age-appropriate participation and fairness.

Students who are selected to represent for the final round will be **informed 2 days prior to the day of the competition.**

National Yoga Olympiad was started in 2016 as a follow up to the International Day of Yoga Observed on June 21st. The National Yoga Olympiad is organized by NCERT, on behalf of Ministry of Education, Govt. of India to promote yoga in schools.

This Olympiad helps to develop an understanding of yogic practices, its application in life which in turn facilitates physical, emotional and mental development of children. It will also help in the development of healthy habits and human values in children. During the Yoga Olympiad, yogic practices like asanas, pranayama, kriya (cleansing process), dhyana (meditation) and bandha (only for secondary stage) are assessed.

This year the National Yoga Olympiad will be organized online from **15th to 18th June 2026**. The student registration is open till **10th June 2026** at the following link:

<https://www.nyoncert.in/registration2026/register.php>

The guidelines of National Yoga Olympiad 2026 are available at:

<https://www.nyoncert.in/assets/images/files/NYO%202026%20Guidelines%20Final.pdf>

and

<https://www.nyoncert.in/index.html>

Regards,

Principal,
Unnati English Academy.